

JANUARY 2025

Thomas Intermediate

Breakfast & Lunch Menu

We are Offer vs Serve.
We are required to offer 5 components for Lunch. Students need to take at least 3 of the 5.
Milk, Grain, Meat, Veg, Fruit

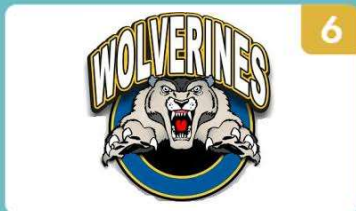
Monday

Tuesday

Wednesday

Thursday

Friday



6
Breakfast:
Tornados or
Cereal & Toast, Fruit

Lunch:
Personal Pan Pizza
Vea & Fruit

7
Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch:
Chicken Sandwich & Chips
Vea & Fruit. Cookie

8
Breakfast:
Omelet, Sausage & Toast or
Cereal & Toast, Fruit

Lunch:
Chicken Nugget Dinner
Vea & Fruit

9
Breakfast:
Frenchtoast Sticks or
Cereal & Toast, Fruit

Lunch:
Baked Pasta, Bread Stick
Vea & Fruit

10
Breakfast:
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch:
Chicken Pot Pie
Vea & Fruit

13
Breakfast:
Chicken Biscuit or
Cereal & Toast, Fruit

Lunch:
Salisbury Steak Dinner

14
Breakfast:
Wolverine Breakfast
/
Lunch:
Asian Meal
Veg & Fruit

15
Breakfast:
Combo Bar, Hashbrown & Toast
Or Cereal & Toast, Fruit

Lunch:
Corn Dog & FF
Vea & Fruit. Cake

16
Breakfast:
Muffin & Yogurt or
Cereal & Toast, Fruit

Lunch:
Fish Sticks & FF
Vea & Fruit

17
Breakfast:
Waffles or
Cereal & Toast, Fruit

Lunch:
Soup & Grilled Cheese
Vea & Fruit



20
Breakfast:
Cinnamon Roll or
Cereal & Toast, Fruit

Lunch:
Chicken Fry Dinner

21
Breakfast:
Sausage Biscuit or
Cereal & Toast, Fruit

Lunch:
Sloppy Joes & Chips
Vea & Fruit. Pudding

22
Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

Lunch:
Popcorn Chicken & TT
Vea & Fruit

23
Breakfast:
Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

Lunch:
Cowboy Stew & Cornbread
Vea & Fruit

24
Breakfast:
Tornados or
Cereal & Toast, Fruit

Lunch:
Chick Nuggets, Mac&Cheese
Vea & Fruit

27
Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch:
Chicken Noodles & Breadstick
Vea & Fruit. Brownie

28
Breakfast:
Omelet, Sausage & Toast or
Cereal & Toast, Fruit

Lunch:
Taco Salad, Rice
Vea & Fruit

29
Breakfast:
Frenchtoast Sticks or
Cereal & Toast, Fruit

Lunch:
Cheeseburger & Chips
Vea & Fruit

30
Breakfast:
Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

Lunch:
Cowboy Stew & Cornbread
Vea & Fruit

31
Breakfast:
Frenchtoast Sticks or
Cereal & Toast, Fruit

Lunch:
Cheeseburger & Chips
Vea & Fruit

This institution is an equal opportunity employer.